

The NYS Perinatal Association & Albany Medical Center
present:

*Improving Perinatal Outcomes & Equity Through
Innovative Practice and Systematic Change*

The PREMIER perinatal health education program in NYS

2022 NYSPA Conference

June 9 & 10, 2022

***New York State Perinatal
Association***

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www.nysperinatal.org

**The Hilton Hotel,
40 Lodge St, Albany, Ny**

Why Attend NYSPA?

The annual NYSPA Conference is a collaborative educational program with engagement from the Association of Regional Perinatal Programs, the Association of Perinatal Networks, ACOG District II, NYS Assoc. of Licensed Midwives, March of Dimes, and AAP, NYS Chapter 2. The NYSPA conference draws an average of 200—250 participants from across New York who, while members of their respective professional organizations, come to NYSPA to enhance their expertise through the cross- and multi-disciplinary educational sessions and networking.

Who should attend? RPC leadership, obstetricians, midwives, nurses, neonatologists, nutritionists, advance practice nurses, public health professionals, community health professionals, pediatricians, social workers, researchers, nutritionists, epidemiologists, dietitians, lactation consultants, perinatologists, family practitioners, doulas, support group leaders, and educators.

Program Description: This 2 day conference will cover some of the latest evidence-based information and research for pregnancy, delivery and newborn health; NYS current & new policies and related programs; care delivery best practices; and more. The agenda includes 7 general sessions, 8 workshops, and poster presentations. Topics include maternal mental health, CHW impact, pregnancy & lactation associated osteoporosis, neonatal outcomes, substance abuse, perinatal bereavement, updates on current NYS policies and initiatives for improving perinatal health care, and more. See the detailed agenda (pg 3-4) and session descriptions (pg 5-6).

Conference Goals

At the close of this program, participants should be able to:

- Discuss strategies for improving birth outcomes through clinical and community services collaboration
- Discuss NYS DOH's multi-prong approach to addressing perinatal health
- Have a better understanding of NYS' plan for maternal infant health systemic and practice improvements
- Discuss the priorities and special projects being led by the primary perinatal health organizations in NYS

Continuing Education: Albany Medical Center is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This program will be awarded a maximum of 10 Continuing Nursing Education credits.

To receive CNE a verification of attendance form needs to be completed electronically to receive a certificate.

2022 Conference Committee: Co-Chairs: Sharon Chesna, & Sally Dear-Healey,

Members: Adriann Combs, Ellen Tourtelot, Gary Finkell, Jennifer Montalvo, Joy Henderson, Kathleen Buono, Luba Djurdjinovic, Lucy Shaw, Sandra Asanjarani,. **Conference Coordinator:** Patti-Ann Christie

Conference Agenda



Thursday, June 9, 2022

- 7:30—8:30** **Registration, Breakfast & Exhibits**
- 8:30- 8:45** **Welcome, Introduction to Conference - Sharon Chesna & Sally Dear-Healey, Conference Co-Chairs, LuAnne Brown, NYSPA Board President**
- 8:45-9:45** **Keynote: Birthing Legacies of Justice, Maternal Vitality, and Healing - Sevonna Brown**
- 9:50-10:50** **Plenary 2: NYS Title V Program – Improving Perinatal Outcomes in NY - NYS Dept of Health: Kirsten Siegenthaler, Megan Tyrrell, Ben Wise, Cindi Dubner**
- 10:50—11:15** **Break/Exhibits/Networking**
- 11:15—12:15** **Plenary 3: The Role of Community Collaboratives in Improving Perinatal Outcomes - APN Panel**
- 12:20—1:30** **Lunch – NYSPA Annual Review and Awards Program**
- 1:35—2:30** **Concurrent Sessions**
- 1. Breastfeeding Support during the COVID-19 Pandemic: Critical Role of Community-based Professional and Peer Support - Ann Dozier PhD, Katie Potestio MPH, RD and Priscilla DeJesus MP**
 - 2. Improving Neonatal Outcomes by Creating a Multidisciplinary Delivery Room Task Force - Marianna Lawrence RNC-OB, C-EFM**
 - 3. Development, Implementation and Evaluation of a Behavioral Intervention for Smoking Cessation in an Obstetrics Practice - Ellen Tourtelot MD**
 - 4. The Integration of the Resolved Through Sharing Perinatal Bereavement Follow-up Model with Latinx Cultural Values: A Case Illustration - Solimar Santiago-Warner, LCSW, PMH-C**
- 2:35—3:30** **Concurrent Sessions**
- 5. Incorporating Health Equity and Family Voice in Continuous Quality Improvement – Angela Heisey MS**
 - 6. The Experience of Pregnancy & Lactation Associated Osteoporosis (PLO) : An International Survey with Implications for Clinical Practice – Susanrachel Condon CCCE, LMT, LM, CLC and Madeline Veitch MLS**
 - 7. Community Based Organizations and Clinical Substance Use Disorder Clinics Collaboration Benefits - Hayley Pazzaglia CHW**
 - 8. The impact of COVID on Pregnancy Options Counseling and Adoption in New York State— Lucy Shaw, LMSW**
- 3:30—3:45** **Break/Exhibits/Networking**
- 3:50 – 4:50** **Plenary 4: The Impact of the Covid-19 Pandemic on Maternal and Perinatal Health - Courtney Olsen-Chen, MD**
- 4:50—5:00** **Closing Remarks**
- 5:00—6:00** **WELCOME RECEPTION—We invite everyone to stay for the reception to network with friends and colleagues, support NYSPA by joining in the fun of the Silent Auction, visit with our exhibitors, view posters, and relax! Complementary wine, beer & soda and light hors d’oeuvres.**

Conference Agenda

Friday, June 10, 2022

- 7:45 - 8:30 Breakfast/Exhibits/Abstracts & Networking**
- 8:00—8:30 SPECIAL SESSION:* The Impact of Overturning Roe v Wade**
- Georgana Hanson, PPESA interim President and CEO
- 8:30 - 8:45 Welcome and review: LuAnne Brown, NYSPA President**
- 8:45 - 9:45 Day 2 Keynote: Introduction to The New York State Birth Equity Improvement Project**
– Marilyn Kacica ,MD and Sahar Gowani
- 9:50 - 11:15 Plenary 2-2: Child Abuse Prevention and Treatment Act (CAPTA) – How do we implement? -**
—NYS Dept. Panel: OCFS/DOH/OASAS
- 11:15—11:30 Break**
- 11:30 - 12:30 Plenary 2-3: Change the System, Change the Outcomes through Trauma Informed Prenatal Perinatal Psychology Educational Counseling Services for Practitioners and Patients - Sally Dear-Healey PhD, CCE, Doula, PPNE, HFCE, TICP**
- 12:30 - 12:45 Conference Wrap Up/ Evaluations**

*Due to this breaking news, we thought it important to address this for those who are interested. Help yourself to breakfast and join this brief session.

The Impact of Overturning Roe v Wade

The focus of this session is on the expected overturning of Roe v Wade by the Supreme Court. There is a potential impact on the NYS healthcare system from an influx of women from certain states where abortion care will no longer be accessible. Possible solutions and strategies will be discussed. ***Georgana Hanson, Planned Parenthood Empire State Acts***

Like our Silent Auction & Raffle Basket Event? Its an important fundraiser for NYSPA and fun for all! Consider donating a basket or item to auction. Donors will receive an acknowledgement letter that may be used for tax purposes if applicable.

PLEASE PRINT OR TYPE :

Donating individual or organization: _____

How you would like your name or company name to appear with item for auction: _____

Donated Item(s): _____ Retail Value of donation: _____

Description of Item(s): (please be specific). _____

For retail items include a receipt when possible.

- For handmade or unique items, a picture should be included if possible for tax receipt purposes.
- For those items valued at or below \$25 NYSPA reserves the right to combine into a single lot.

Please plan to have items on site at the conference by Thursday morning at 10 am.

Items can also be brought to the NYSPA Office @ Mothers & Babies Perinatal Network in Binghamton at any point in the year. Shipping to the office or a board member can also be arranged for their transport of your item to the conference for you.

[To receive an acknowledgment letter for tax records*](mailto:pchristie@mothersandbabies.org), please contact Patti-Ann Christie: pchristie@mothersandbabies.org



Plenary Session Descriptions

Keynote: *Birthing Legacies of Justice, Maternal Vitality, and Healing*

This approach takes a racial and gender justice lens, and integrates a framework of healing justice in theory and practice as it applies to perinatal healthcare. This keynote is designed to empower clinicians and perinatal health stakeholders with the power of information to provide themselves and their clients' confidence and support inside and outside the birthing room, including strategies for navigating the current medical systems as well as the social determinants of health. This includes updated NYS COVID restrictions in the delivery room, culturally competent trainings on intersectionality and discrimination, gender, sexuality, and consent as resources you can use right in the hospital. Dynamics between medical providers and birth workers can be challenging and have historical roots in the criminalization of medicine keepers across cultural contexts. This keynote aims to provide multiple ideas for intervention and advocacy to forge collaboration between clinicians and perinatal health stakeholders and birthing people to identify what would feel most supportive, holistic and integrative.

Sevonna Brown, Black Women's Blueprint.

NYS Title V Program- *Improving Perinatal Outcomes in NY*

The NYS Dept of Health, Division of Family Health has a strong focus on improving health outcomes of pregnant/parenting people and infants. During this session, DOH staff will provide updates on the state's Title V overarching plan including the continued focus on maternal mortality reduction, learning collaboratives for birth equity and other topics, and community and hospital focused programs for improving maternal and infant health.

Kirsten Siegenthaler, Megan Tyrrell, Ben Wise, Cindi Dubner, NYS Dept of Health.

The Role of Community Collaboratives in Improving Perinatal Outcomes

This session will begin with an overview of the role of perinatal community-based agencies in identifying and addressing the multi-factorial issues pregnant & parenting people face on a daily basis which often impact their ability to access health care services and/or to follow medical provider advice. Each of the panelists will present information on a social determinant issue that their agencies have addressed through what might be considered non-traditional strategies for assisting vulnerable individuals and families leading to improved health.

Sharon Chesna, LuAnne Brown, Madeleine Dorval-Moller, Tina Cobb, Association of Perinatal Networks

The Impact of the Covid-19 Pandemic on Maternal and Perinatal health

This session will provide an overview of the issues and barriers pregnant individuals faced during the pandemic and how it impacted their prenatal behavior and care, birth plans, and post partum care and personal decisions.

Courtney Olsen-Chen, MD, University of Rochester Medical Center

Friday Keynote: *Introduction to The New York State Birth Equity Improvement Project*

This plenary will introduce participants to the background, aims, framework and implementation of this state-wide perinatal quality collaborative project. Participants will see how birthing facilities used an equity assessment tool to prepare for the project. Participants will learn how birthing facilities are currently collecting and using birthing people's feedback to improve care at their facilities.

Marilyn Kacica MD, Sahar Gowani BS, New York State Dept. of Health

Child Abuse Prevention and Treatment Act (CAPTA) - How do we implement?

The session will start with an overview of CAPTA with each of the state departments reviewing their responsibilities related to CAPTA and their strategies to date. The goal of this session is to help all providers who are expected to implement Plans of Safe Care have a better understanding of the state departments' roles as well as what is expected of all providers who care for a pregnant person with a substance use disorder. Presenters would like to hear from participants about concerns and ideas for ensuring successful implementation.

NYS Dept. Panel: OCFS/DOH/OASAS

Change the System, Change the Outcomes through Trauma Informed Prenatal Perinatal Psychology Educational Counseling Services for Practitioners and Patients

This session will explore how to implement the structural changes needed to promote health justice and create and implement programs and offerings which both encourage and provide space for healing communication and supportive cooperation between and among practitioners and between practitioners and patients. The goal is for participants to be able to identify different types of physical, emotional, and mental stressors which both directly and indirectly impact their beliefs, behaviors, and actions and learn how these stressors impact their autonomic nervous system, as well as how they interpret, communicate, and interact with co-workers, supervisors, patients, etc.

Sally Dear-Healey PhD, CCE, Doula, PPNE, HFCE, TICP, The Family Womb

Concurrent Workshop Session Descriptions

Breastfeeding Support during the COVID-19 Pandemic: Critical Role of Community-based Professional and Peer Support

In this session, two communities participating in the NYS Department of Health's Creating Breastfeeding Friendly Communities initiative will present approaches to improving the continuity of breastfeeding support in the community during the COVID-19 pandemic through the Baby Café© model. The University of Rochester will discuss how successful partnerships with their Baby Café allowed them to increase and diversify breastfeeding support in the community. The New York City Department of Health and Mental Hygiene will share how they adapted their Baby Café services to address participants' breastfeeding support and social determinants of health needs during the height of the pandemic.

Ann Dozier PhD, Katie Potestio MPH, RD and Priscilla DeJesus MP

Improving Neonatal Outcomes by Creating a Multidisciplinary Delivery Room Taskforce

During this session, the speaker will show the impact of effective communication, pre-planning and the value of a multidisciplinary taskforce in improving neonatal outcomes. By the end of the presentation, participants will be able to identify gaps between labor and delivery and NICU units and optimize workflow between all units.

Marianna Lawrence RNC-OB, C-EFM

Development, Implementation and Evaluation of a Behavioral Intervention for Smoking Cessation in an Obstetrics Practice

This presentation will cover what a behavioral intervention for smoking cessation consists of and how to integrate it into a busy obstetrics practice. Discussed will be the easiest trimester to quit, the adverse outcomes of smoking while pregnant, how many minutes of a behavioral intervention is optimal to see a reduction or cessation of smoking and insurance company reimbursement.

Ellen Tourtelot, MD

The Integration of the Resolved Through Sharing Perinatal Bereavement Follow-up Model with Latinx Cultural Values: A Case Illustration

Using a case illustration, the presenter will describe how utilizing the RTS model, incorporating the patient's cultural values, and acknowledging systemic challenges resulted in the patient receiving comprehensive, holistic support that aided her emotional and spiritual recovery after stillbirth. The session concludes with a call to action for providers in the field of perinatal palliative care to incorporate practices that allow for greater access and equity for all birthing people.

Solimar Santiago-Warner, LCSW, PMH-C

Incorporating Health Equity and Family Voice in Continuous Quality Improvement

This session will cover methods for incorporating health equity and family voice in the planning of CQI projects. Important issues that will be covered: how can health equity and inclusion be integrated into the planning of CQI and how existing CQI structures can be adapted to include health equity and inclusion. ***Angela Heisey MS***

The Experience of Pregnancy & Lactation Associated Osteoporosis (PLO) : An International Survey with Implications for Clinical Practice

This presentation will provide background on PLO and present original survey findings related to disease presentation, treatment, and recovery time. The emphasis of discussion will be on effective identification of this condition early and support for development of an effective clinical support team for those diagnosed. Navigating care conversations about pregnancies following a PLO diagnosis will also be addressed.

Susan Rachel Condon CCCE, LMT, LM, CLC and Madeline Veitch MLS

Community Based Organizations and Clinical Substance Disorder Clinic Collaboration

During this workshop, the benefits of collaboration between community-based organizations and clinical substance use disorder clinics will be discussed in depth. The goal of collaborating is to support avoiding relapse, avoiding child removal, improving attachment & bonding between mother and child, and ensuring women and their families receive appropriate medical care and psychosocial (community service) support. The workshop will provide examples of the education/curriculum, community agencies, and practices involved in this program.

Hayley Pazzaglia, CHW, Mothers & Babies Perinatal Network

The impact of COVID on Pregnancy Options Counseling and Adoption in New York State

This talk will present findings from The National Council for Adoption "Adoption by the Numbers" 2019-2020 report alongside program data from Adoption S.T.A.R.'s expectant/birth parent department and make hypotheses about the causality and long-term impacts to maternal child health in NY state. ***Lucy Shaw, LMSW, Adoption STAR***

Registration Form: Use this form for faxed or mailed registrations.

Name (incl. title & credentials): _____

Email: _____ Phone: _____

Employer: _____

Address: _____

Personal Email: _____

Conference Fees	NYSPA Mem- bers	Non- Members	One Day Only	
			Thursday	Friday
Regular 5/10/22 – 6/06/22	\$300	\$350	\$225	\$125
Late Registration & Walk-in	\$350	\$400	\$250	\$150
Students (must submit copy of college ID)		\$250		

DISCOUNTS (cannot be combined)

Group Discount (single organization) Take 15% discount for 3 attendees, Take 20% discount for groups of 5 or more (must register through NYSPA Office)

Not a member of NYSPA? Join now to take advantage of Member rates! (complete application on back and return with registration). Save \$25 on NEW NYSPA membership

Questions or to make credit card payment:

Call 877-268-5072 x 135

Registration fee	
Membership:	
Total:	

Mail registration & payment to: NYSPA, 457 State Street, Binghamton, NY 13901

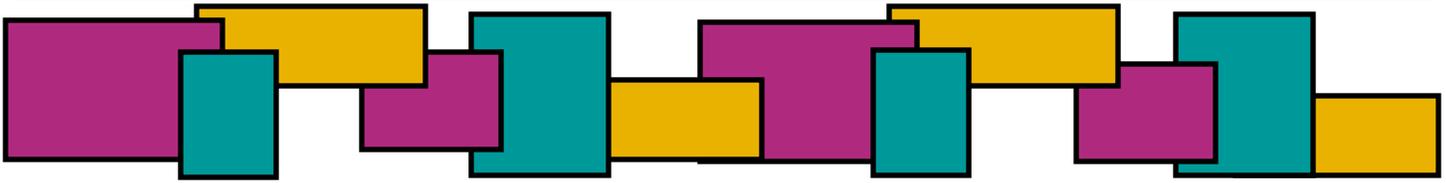
Hotel Accommodations

You can secure overnight reservations by calling the Hilton at 866.238.4218 (24-hours a day).

To secure the discount rate, please call 518.427.3038 and book under NYSPA, using code 1NYSPA.

**Conference rate:
\$143.00 for single/double room**





INDIVIDUAL MEMBERSHIP APPLICATION

Benefits of belonging to NYSPA include:

- Be a part of a multi-disciplinary network of individuals striving to improve perinatal health in NYS
- Share your knowledge and personal experience to influence change
- Receive advocacy alerts on key legislative issues related to perinatal health
- Advance your personal and professional expertise through educational opportunities and networking
- Discounted registration rate for the NYSPA annual conference (the premier perinatal health education conference in NYS) (opportunity to receive continuing education credits for part or all of conference)
- Access to health information and resources through www.nysperinatal.org

Complete the following information and return to the NYSPA Office.

NAME (print): _____

Email (print): _____ Phone: _____

Profession: ___ MD/DO ___ Midwife ___ Nurse ___ PA ___ NP ___ Social Worker ___ Genetic Counselor

___ Educator ___ Administrator ___ Student Other: _____

Institution/ Organization: _____

Mailing Address: _____

City _____ State _____ Zip _____

ANNUAL MEMBERSHIP DUES: \$75 * CONFERENCE SPECIAL*****

*****NEW members attending conference can join for just \$50! If paid with conference registration*****

MAKE CHECK PAYABLE TO:

New York State Perinatal Association
Mail to: 457 State Street, Binghamton, NY 13901

Questions? Or credit card payment:
Contact: 607-772-0517 X 135

