

New York State Perinatal Association 37th Annual Conference

The PREMIER Perinatal Health Education Program in NYS

Hot Topics in the Perinatal and Infant Care
Continuum: Integrating Evidence-Based
Practices with Cultural Humility

June 8th - June 9th, 2023

Hilton Hotel, 40 Lodge St., Albany, NY



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Why Attend NYSPA?

The annual NYSPA Conference is a collaborative educational program with engagement from the Association of Regional Perinatal Programs, the Association of Perinatal Networks, ACOG District II, NYS Assoc. of Licensed Midwives, March of Dimes, and the NYS Dept. of Health. The NYSPA conference draws an average of 200—250 participants from across New York who, while members of their respective professional organizations, come to NYSPA to enhance their expertise through the cross- and multi-disciplinary educational sessions and networking.

Who should attend? RPC leadership, obstetricians, midwives, nurses, neonatologists, nutritionists, advance practice nurses, public health professionals, community health professionals, pediatricians, social workers, researchers, nutritionists, epidemiologists, dietitians, lactation consultants, perinatologists, family practitioners, doulas, support group leaders, and educators.

Program Description: This 2 day conference will cover some of the latest evidence-based information and research for pregnancy, delivery and newborn health; NYS current & new policies and related programs; care delivery best practices and more. The agenda includes 7 general sessions, 10 workshops, poster presentations, and time to meet with entities providing education and information on maternal/infant services, systems and product. Topics include maternal mental health, reproductive rights, infant mortality prevention, culturally responsive pregnancy and birthing care, neonatal outcomes, substance abuse, perinatal bereavement, preventing burnout, updates on current NYS policies and initiatives for improving perinatal health care, and more. See the detailed agenda (pg 3-4) and session descriptions (pg 5-6).

Conference Goals

At the close of this program, participants should be able to:

- Identify 3 mechanisms that explain maternal susceptibility to infection and the impacts of influenza, zika, ebola, and COVID on pregnancy
- Describe at least three ways that providing culturally sensitive practices can improve quality of care
- Describe the different models for delivery perinatal care that can improve outcomes and promote health equity for birthing individuals
- Describe the roles of birthing hospitals and community-based audiologists, to ensure newborns receive appropriate screening, diagnostic testing, and referral to early intervention services
- Understand how integrated (mental) health care is different from co-located care
- Discuss strategies for improving birth outcomes through clinical and community services collaboration

Sponsors

NYSPA is very grateful for these organizations and their generous support

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APN Association of Perinatal Networks

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New This Year! Preconference Session

Wednesday, June 7, 2023

5:00 – 6:00pm **Improving your Hospital's Response and Treatment of Preeclampsia and Maternal Hypertensive Disorders** - Heather Townsend RMSR, LSSGB

Thursday, June 8, 2023

7:30 - 8:15 **Registration, Breakfast & Exhibits**

8:30 - 8:45 **Welcome: LuAnne Brown, NYSPA Board President, Sally Dear-Healey, Conference Co-Chair**

8:45 - 9:45 **Keynote: The Next Contagion: What We Have Learned from the Past** – Laura E. Riley MD

9:50 - 10:50 **Plenary 2: Culturally Responsive Birthing Support Practices in Healthcare Systems and Community Settings** – Lucy Shaw LMSW, Laudy Burgos LCSW-R, Yuenshan Manna Chan LCSW-R, JaVita Tg. Banks LMSW, MAC, SIFI

10:50 - 11:30 **Break/Exhibits**

11:30 - 12:30 **Plenary 3: Title V MCHSBG Spotlight: Focus on the First Year** - Kirsten Siegenthaler PhD, Ray Pierce MPA, Joanne Gerber MS RN, Virginia Sack

12:30 - 1:30 **Lunch / NYSPA Annual Awards Program**

1:35 - 2:35 **Plenary 4: The Impact of Stillbirth - Perspectives from a Nurse and Loss Parent** - Rose Horton MSM, RN, NEA-BC, FAAN and Nora Nicholson

2:40 - 3:40 **Concurrent Sessions**

1. **New York State Birth Equity Improvement Project (NYSBEIP)** – Marilyn Kacica, MD, MPH, Kristen Lawless MS, NYS DOH

2. **Beyond Burnout: Creating Strong Team Communication in Difficult Times** - Elizabeth Rochin PhD., RN, NE-BC

3. **Demystifying Bias: Understanding Its Impact on the Delivery of Maternal Healthcare** - Janet Williams DNP, MSM, CNM

4. **From Obstetric Violence to Birth Justice: Realizing Human Rights in Childbirth** - Jacqueline Hammack JD

5. **Pregnant Person and Child Immunization Updates** - Jessica Kumar MPH, DO, Sarah Hershey RN, NYS DOH

3:40 - 3:55 **Break/Exhibits**

4:00 - 5:00 **Concurrent Sessions**

6. **Giving Voice - The Healing Power of Sharing, Reflection, and Community in Creating a Culturally Perceptive and Responsive Healing Story Experience for Caregivers** - Sally Dear-Healey PhD, CCE, Doula, PPNE, HFCE

7. **Understanding Substance Use and Overdose Prevention** - Jessica Sorbello LCSW, Katie Seaward MSW, NYS OASAS

8. **More than Malpractice: Understanding How the Law Shapes the Perinatal Care Ecosystem** - Jacqueline Hammack JD

9. **The Intersection of Grief and Trauma in Perinatal Loss: A Guide for Practitioners** - Solimar Santiago-Warner DSW, LCSW, PMH-C, Lisette M. Esquillin-Rigby MSW

10. **Eliminating hepatitis C through universal hepatitis C virus (HCV) screening among pregnant people** – Colleen Flanigan RN, MS, NYS DOH

5:00 Day 1 Wrap-up Lucy Shaw, Conference Co-Chair

5:15 - 6:30 **NYSIPA Welcome Reception:** Whether it's your 1st or 31st time attending the Annual NYSIPA conference, join us Thursday afternoon following the closing session to relax, connect with old friends and colleagues, meet new friends and colleagues, visit with our exhibitors, view posters, and enjoy free hors d'oeuvres (& cash bar), and take part in the fun of our Silent Auction!

Friday, June 9, 2023

7:45 - 8:30 Breakfast/Abstracts & Networking

8:30 - 8:45 Welcome and review: Conference Co-Chairs

9:00 - 10:00 Day 2 Keynote: **Maternal Morbidity From Sepsis: The Need for Evidence-Based, Multidisciplinary and Multi-Sect or Approaches to Promote Maternal Health Equity in New York** - Kelli Stidham Hall PhD, Ana Cepin MD

10:05 - 11:05 Plenary 2: **The Effect of Opioids on Neonates in New York State** - Kyle S. Gillani MS, Ashanda Saint Jean MD

11:05 - 11:20 Break

11:20 - 12:20 Plenary 3: **Father Involvement and Maternal-Infant and Child Health** - Yu-Fu Michael Chen PhD, Junior Dillion LMHC PHD

12:25 - 1:25 Plenary 3: **Integrating Mental Health in Ob/Gyn Practice** - Ellen Tourtelot MD, Jeff Iler MD, Eileen Steinchen LMHC, PMH-C, Rachael Zoller LMFT

1:25 - 1:40 Closing Comments LuAnne Brown, NYSIPA President

Pre-Conference Session

Improving your Hospital's Response and Treatment of Preeclampsia and Maternal Hypertensive Disorders

Most of the time pregnant women can give birth without complication. However, in the US, maternal morbidity and mortality are on the rise. The two leading complications associated with this rise are OB Hemorrhage and Preeclampsia. Case review indicates that outcomes may have been altered if there had been earlier recognition and earlier response. Recently new guidelines in the care of pregnant women have highlighted the best practices for identification, recognition, inpatient management and follow up care. Principles of identification, diagnosis, and management with follow up guidelines will be covered. [Note: this session not eligible for continuing education credit]

Heather Townsend RMSR LSSGB, Creche Innovations

Plenary Sessions

Keynote: The Next Contagion: What We Have Learned from the Past

This lecture will focus on the epidemic and pandemics we have experienced in the recent past and specifically how they affect pregnant and postpartum birthing persons. The physiology of pregnancy makes some of these infections more severe for either the birthing parent and/or the fetus which necessitate additional measures to consider when responding to infectious outbreaks. A discussion of influenza, Zika, Ebola, and COVID infections during pregnancy and lessons learned while managing those infections will highlight future opportunities to manage the next contagion.

Laura E. Riley MD, Weill Cornell Medicine/ NewYork Presbyterian Hospital

Culturally Responsive Birthing Support Practices in Healthcare Systems and Community Settings

Research has shown that culturally congruent care improves maternal child health outcomes for racialized minority groups. Each panelist will speak on culturally specific customs and issues common among Asian, Black/African Diasporic, and Latinx birthing people so that providers and other birthing support professionals can provide culturally sensitive, relationship-centered care to their patients. This presentation will be lecture-style with a panel of 4 presenters and room for Q&A at the end.

Lucy Shaw LMSW, Spence-Chapin, **JaVita Tg. Banks LMSW, MAC, SIFI**, Valera Health, **Laudy Burgos LCSW-R**, Mount Sinai Hospital, **Yuenshan Manna Chan LCSW-R**, Valera Health

Title V MCHSBG Spotlight: Focus on the First Year

The Maternal and Child Health Services Block Grant (Title V) is a federal grant awarded to states and jurisdictions to support efforts to extend and improve health services for infants, children, adolescents and people of reproductive age. This workshop will provide participants with a background of the Title V program in NY and focus on specific initiatives within the Perinatal/Infant Health domain, and the Bureau of Early Intervention. Participants will hear about the NYS Early Intervention Program, the NYS Early Hearing Detection and Intervention Program, and the Newborn Screening Program.

NYS Dept of Health: Kirsten Siegenthaler PhD, Ray Pierce MPA, Joanne Gerber MS RN, Virginia Sack

The Impact of Stillbirth - Perspectives from a Nurse and Loss Parent

This presentation will highlight real-life stories of lost parents and the nurses that have cared for families experiencing stillbirth. The presentation will highlight the importance of respectful maternity care and discuss the need for more awareness and education on stillbirth in this county. 22,300 babies die annually from stillbirth - yet it's still a rarely discussed public health tragedy. There is also a strong connection between stillbirth and maternal mortality. The current rate of maternal mortality in the United States outpaces 46 other industrialized countries. Leveraging #notonmywatch is a way to bridge the gap between patient and maternal care provider and save thousands of lives. Black women are 3 – 4 times more likely to die than any other race, though race is a social construct.

Rose L. Horton MSM, RN, NEA-BC, FAAN, Emory Decatur Hospital, **Nora Nicholson**

Day 2 Keynote: Maternal Morbidity from Sepsis: The Need for Evidence-Based, Multidisciplinary and Multi-Sector Approaches to Promote Maternal Health Equity in New York

Maternal sepsis is the second leading cause of maternal death, a major cause of morbidity, and preventable in most cases. For racial and ethnic minoritized birthing people, especially those who are Black, living in poverty and from underserved communities, labor, birth and postpartum are particularly vulnerable risk periods. Yet inequitable access to quality hospital-based care drives disparities in maternal outcomes and few evidence based interventions exist. Early experiences from multidisciplinary teams and multisector partnerships in building a novel research program EnCoRe MOMS will be shared.

Kelli Stidham Hall PhD, MS, Mailman School of Public Health Columbia University, **Ana Cepin MD**, Columbia University Medical Center

The Effect of Opioids on Neonates in New York State

This session will help to inform participants about the relationship between opioid prescriptions and incidence of neonatal abstinence syndrome (NAS). The state goals for addressing maternal opioid use disorder (MOUD) and NAS will be shared and analyzed along with factors contributing to differences between counties. Mitigation and intervention strategies will be discussed and debated as a group. Data and current trends will be shared regarding maternal opioid use disorder, opioid prescriptions, and neonatal abstinence syndrome.

Ashanda Saint Jean MD, FACOG, Westchester Medical Center, **Kyle S. Gillani MS**, NY Institute of Technology College of Osteopathic Medicine

Father Involvement and Maternal-Infant and Child Health

Fathers play a vital role in shaping the health and developmental trajectory of children. From a historical perspective, policymakers and researchers have viewed fathers predominantly as providers of economic resources. In recent years, however, clinical and social sciences research has identified a growing body of knowledge that has challenged this traditional view of fatherhood and advanced our understanding about father involvement, its predictors, and the myriad outcomes associated with it. Just as importantly, recent studies have delved into the ways in which these phenomena vary across different socioeconomic and cultural contexts across the United States.

Yu-Fu Michael Chen PhD, Coordinated Care Services, **Junior Dillion LMHC PHD**, Dillion Consulting

Integrating Mental Health in Ob/Gyn Practice

The focus of this presentation is the evidence-based collaborative care model and how to integrate it into an ambulatory OB/GYN office. The roles of the OB physician, Psychiatry physician, OB Nurse Practitioner, Behavioral Health Therapist and Behavioral Health Care manager will be explained. How the team functions and interacts will also be explained. The ROSE program and Project Teach will also be discussed. Results for increased patient engagement, reduced barriers to care and improved follow-up of patients will be shared.

Ellen Tourtelot MD, **Jeff Iler MD**, **Eileen Steinchen LMHC**, **PMH-C**, **Rachael Zoller LMFT**, University of Rochester Medical Center

Concurrent Workshop Sessions

New York State Birth Equity Improvement Project (NYSBEIP)

The presentation will describe why and how the New York State Birth Equity Improvement Project (NYSBEIP) was launched to improve both the experience and outcome for Black birthing people. To begin this work, the NYSBEIP designed a baseline survey to assess the equity readiness of NYS birthing facilities. High level results from this survey will be shared. Presenters will share one way that a facility started conversations about equity with its staff and detail how facilities have created internal structures to support equity work. They will also review survey data collected from birthing people statewide on their care experience and reporting these results back to birthing facilities and how facilities use patient experience data to improve care.

Marilyn Kacica MD MPH, **Kristen Lawless MS**, NYS Dept. of Health

Beyond Burnout: Creating Strong Team Communication in Difficult Times

Discussions of staff burnout, whether physician, nurse, or other providers, are pervasive within healthcare. Areas that were once considered "safe" from turnover, such as Labor and Delivery, Postpartum, and Neonatal Intensive Care, find themselves with open positions, short tenure, and longer than average recruitment periods. Several reasons are described for this, including burnout, and more recently, psychological safety. Creating and sustaining cohesive care teams is a critical component of maternal health and safety. Understanding the facilitators and barriers to team synergy and dynamics is critical to maternal and neonatal outcomes.

Elizabeth Rochin Ph.D., RN, NE-BC, National Perinatal Information Center

Demystifying Bias: Understanding Its Impact on the Delivery of Maternal Healthcare

In 2022 CDC reported approximately 80% of all perinatal deaths were preventable. This presentation will bring new awareness about implicit bias, and how it can negatively impact the care given to women, and maternal outcomes. Implicit bias is an elusive thing. One of the most challenging things is that it operates under the surface, and often goes unrecognized in our personal and work environments. The truth is we are all biased. This presentation will allow participants to see how it's showing up.

Janet Williams DNP, MSM, CNM, Transitions Women's Health

From Obstetric Violence to Birth Justice: Realizing Human Rights in Childbirth

This session will explore mistreatment in perinatal care, including how the medical and legal systems fail to provide adequate recognition of or remedies for rights violations that occur within perinatal care settings. Participants will learn the fundamental principles of birth justice, including how and why the human rights framework is a critical component of realizing birth justice.

Jacqueline Hammack JD, Birth Rights Bar Association

Pregnant Person and Child Immunization Updates

The Bureau of Immunizations will be discussing the current recommendations for pregnant people regarding needed vaccines to keep up to date and catch up on immunizations. Discuss how vaccines are deemed safe and the discuss common concerns for vaccine safety. Provide the updated recommendations for current outbreaks including COVID and influenza. Touch on some exciting news about an RSV vaccine for pregnant people. Present resources from the Bureau of Immunizations including the New York State perinatal hepatitis B program. Address vaccine mis/dis information in our community.

Jessica Kumar MPH, DO, Sarah Hershey RN NYS Dept. of Health

Giving Voice - The Healing Power of Sharing, Reflection, and Community in Creating a Culturally Perceptive and Responsive Healing Story Experience for Caregivers

This workshop will give participants opportunities to learn about and explore the physiological benefits of story circles and create and experience a healing story circle in an interactive format. By integrating various cultural beliefs and practices and evidence-based research, participants will have a firsthand opportunity to experience what it feels like to share, listen, and reflect in a culturally humble and supportive circle of fellow human travelers, as well as ways this experience can be shared with others.

Sally Dear-Healey PhD, CCE, Doula, PPNE, HFCE The Family Womb

Understanding Substance Use and Overdose Prevention

Rates of overdose continue to rise, with annual overdose deaths surpassing 100,000 in 2021. Project COPE is a SAMHSA-funded grant initiative that seeks to reduce rates of overdose death in New York by connecting to vulnerable, underserved populations such as pregnant and parenting persons. Members of the Project COPE team will lead in exploring the science of substance use and substance use disorders, the basics of overdose prevention and naloxone use, and concrete ways professionals outside of the substance use disorder treatment system can help prevent overdoses among the individuals and families they serve.

Jessica Sorbello LCSW, Katie Seaward MSW, NYS Office of Addiction Services and Supports (OASAS)

More than Malpractice: Understanding How the Law Shapes the Perinatal Care Ecosystem

Malpractice law is rooted in the idea that professionals owe a duty of care based on the standards of their profession. But we know that patients experience certain harms, like obstetric racism and obstetric violence, that *aren't* deviations from the standard, and sometimes even occur *because* of prevailing professional standards. At the same time, other legal and institutional considerations beyond the avoidance of malpractice liability influence clinical decision-making in less obvious but no less predictable ways. The presentation will introduce foundational concepts and examine ways clinical behavior is shaped by the law.

Jacqueline Hammack JD, Birth Rights Bar Association

The Intersection of Grief and Trauma in Perinatal Loss: A Guide for Practitioners

About 60% of pregnant people who have experienced a perinatal loss exhibit symptom of depression, anxiety, and posttraumatic stress disorder. Although there is a high occurrence of posttraumatic stress symptoms, bereaved individuals are not supported from a trauma-informed perspective, and providers do not sufficiently understand the grief process. Understanding the physiological and neurobiology of grief responses within a trauma-informed framework, perinatal providers can provide a less traumatic and disenfranchised experience by acknowledging the loss; normalizing emotional responses; facilitating legacy-making and rituals.

Solimar Santiago-Warner DSW, LCSW, PMH-C, Private Practice & New York University, **Lisette M. Esquillin-Rigby MSW** Columbia University Irving Medical Center -Neonatal Comfort Care Program

Eliminating hepatitis C through universal hepatitis C virus (HCV) screening among pregnant people

With the high rates of hepatitis C infection nationally and in NYS – much of which being the result of injection drug use; understanding the importance of screening cannot be understated. During this session, viral prevalence during pregnancy, risks of maternal/infant transmission and the potential for adverse fetal outcomes will be reviewed. The presenter will also review the recommendations from the CDC, the U.S. Preventive Services Task Force and ACOG regarding universal HCV screening for all pregnant persons during each pregnancy. The identification of persons during pregnancy allows for linkage to care and treatment post-delivery and for appropriate screening and monitoring of the exposed newborn. The development of newer and simpler direct-acting antivirals (DAA) allows for more than 95% of patients to be cured. Treatment is currently not recommended during pregnancy. However, studies are ongoing to assess the safety and efficacy of DAA use in pregnant people.

Colleen Flanigan RN, MS. NYS Dept. of Health

Like our Silent Auction & Raffle Basket Event?

It's an important fundraiser for NYSPA and fun for all! Consider donating a basket or item to auction. Donors will receive an acknowledgement letter that may be used for tax purposes, if applicable.

Please plan to have items on site at the conference by Thursday morning at 10 am. Items can also be brought to the NYSPA Office @ Mothers & Babies Perinatal Network in Binghamton at any point in the year. Shipping to the office or a board member can also be arranged for the transport of your item to the conference for you.

To receive an acknowledgment letter for tax records*, please contact Patti-Ann Christie: nyspa@nysperinatal.org

Hot Topics in the Perinatal and Infant Continuum: Integrating Evidence-based Practices with Cultural Humility

[Visit here for a full conference agenda](#)

Early Registration ends 4/15/2023 - Rates will increase on April 16	Member	Non-Member
Early ends 4/15	\$275	\$350
Regular ends 5/19	\$325	\$425
Late ends 6/2	\$395	\$495
Walk-in on June 8 (by card or check at the door)	\$425	\$525

All registration for the NYSPA Conference is being completed on-line this year! You can pay by credit card at the time of registration in one step. If someone other than you will pay, select the Invoice Option. You will receive an invoice by email, which you can forward to your fiscal department for payment by card or check.

Note, if you are not being offered the member rate, it is because your NYSPA membership has lapsed. Login with your email and update your membership information. (If you do not remember your password, there is a reset option.) Once you have paid for your membership, you will be able to register for the conference at the member rate. Don't delay! Update your membership today!

To Register and Pay in one step: Click this link to [Register](#) and follow the process on screen.

To Register and pay later either by card or check: Click this link to [Register](#); you will be given the option to receive an invoice by email. Forward that email to the person who will pay by credit card or check. **Send a check made payable to NYSPA to 457 State Street, Binghamton, NY 13901**

To pay by PO: Email a purchase order to nyspa@nysperinatal.org and an invoice will be processed per PO instructions.

Not a member of NYSPA? Join now to take advantage of member rates!
[Click here to go to the Membership Registration Page.](#)

Group Discounts are available **only by emailing nyspa@nysperinatal.org:**

- 3 -4 people from the same organization 15% off the applicable price.
- 5 or more people from the same organization 20% off the applicable price.

Provide the name of the person coordinating the group and you will be contacted to provide registration information by email or phone. An invoice will be sent so payment can be made by check.

Lodging: A block of rooms has been reserved at the Albany Hilton for the conference at the special rate of \$145/night. Call the Hilton's Reservation Line at 1-866-691-1183 and reference the group code 1NYSPA. Reservations can be made 24 hours a day and will be accepted up to 5 pm on 5/9/2023. Online reservations can be made using this link:

<https://www.hilton.com/en/attend-my-event/nysperinatalassociation/>

2023 Conference Committee: Co-Chairs: Lucy Shaw & Sally Dear-Healey

Members: Sharon Chesna, Ellen Tourtelot, Joy Henderson, Luba Djurdjinovic, Sharon Baron, Madeleine Dorval-Moller, Ashanda Saint Jean, Sandra Asanjarani

Conference Coordinator: Patti-Ann Christie